

Hip Hop Abs Calendar And Nutrition Guide

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Hip Hop Abs Calendar And

Restaurants and bars seem to be getting most of the attention when it comes to our return to normal, but music venues, which hold a historical significant importance to San Francisco, will be allowed ...

Live music is back in San Francisco. Here are all the concert venues that are reopening.

Shaun T is a self-proclaimed transformation specialist, and rightfully so. The 43-year-old fitness guru is the creator of the best-selling fitness programs Insanity, Hip Hop Abs, Focus T25 and ...

Shaun T launches all-new workout plan to get you out of your pandemic funk

Pulling together multiple facets of the local hip-hop community, a new month-long residency called the Hip-Hop Pit Stop will spotlight independent artists every Wednesday in June from 8-11 p.m. Hosted ...

Calendar Pick: Hip-Hop Pit Stop

We're back at a place where we have to create the new generation of superstars," says the newly promoted label chief ...

Motown Records' CEO Ethiopia Habtemariam 'Future 25

David Geffen's legacy label has a new chief, who's got a nose for hugely promising rap and R&B records This story appears in Rolling Stone 's 2021 Future of Music issue, a special project delving into ...

Asylum Records' President Dallas Martin 'Future 25

All Star Legends of Hip-Hop will be held at the Youngstown Foundation Amphitheatre on September 18. The event features rappers Juvenile, Mystikal, Scarface, Twista, and Trina. Presale tickets will be ...

Legends of Hip-Hop coming to Amphitheatre. The Mavericks to play Packard

Following their rematch in Miami at Club Liv, Swizz and Timbo boasted that some "exciting news" was coming with the release of the Verzuz calendar. Wednesday (Jun.9), the calendar finally dropped, ...

It's Lit?: Eve & Trina Announced As Next Verzuz Matchup. Twitter Is Not That Excited

Hip-hop producer Mally Mall, whose famously worked with Snoop Dogg, Nick Cannon and Chris Brown, was sentenced to 33 months in prison for running a prostitution business in Las Vegas. Mally Mall ...

Famed hip-hop producer sentenced for running prostitution business

A.D. Carson, University of Virginia (THE CONVERSATION) From the earliest days of hip-hop, rap artists have referenced the extraterrestrial to help us escape our earthbound existence. In "Rapper ...

10 hip-hop songs to take you on a voyage into space

An emotional moment for a hip-hop pioneer. Legendary DJ and rapper Grandmaster Flash reflected on how far hip-hop has come. He started spinning vinyls on the streets of the Bronx nearly 50 years ...

Groundbreaking held for Universal Hip Hop Museum in the Bronx

SHOWTIME today announced HIP HOP 50, a multiyear, cross-platform programming initiative celebrating the 50th anniversary of Hip Hop in collaboration with entertainment company Mass Appeal.

Showtime Announces HIP HOP 50

NEW YORK (AP) — Musical luminaries including Nas, LL Cool J, and Fat Joe came out Thursday to the birthplace of hip-hop for a ground-breaking ceremony to launch the capital campaign for the new ...

Legends come out for hip-hop museum groundbreaking

The hoi polloi of the New York hip hop scene turned out to break ground for Bronx Point, an apartment development that will include a permanent home of the Universal Hip Hop Museum. The \$349 ...

Hip hop's hoi polloi turn out for Bronx Point groundbreaking

Hop Anthology Vol. 2 is a visual narration influenced by Hip-Hop Culture, Music, Fashion, Film, Literature, Lifestyle, Politics, Social Commentary and the Voice of the Underdog. This art exhibit ...

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[First Friday art exhibit. "Hip Hop Anthology Vol. 2" spotlights hip-hop culture, fashion, more](#)

Nas, left, and LL Cool J attend the Universal Hip Hop Museum groundbreaking ceremony on Thursday, May 20, 2021, in the Bronx borough of New York. Associated Press Friday, May 21, 2021 | 12:05 ...

[Legends come out for hip-hop museum groundbreaking](#)

Nas, left, and LL Cool J attend the Universal Hip Hop Museum groundbreaking ceremony on Thursday, May 20, 2021, in the Bronx borough of New York. (Photo by Charles Sykes/Invision/AP) NEW YORK ...

[Legends come out for hip-hop museum groundbreaking](#)

"Hip hop made me believe that anything was possible," said LL Cool J. "This was like the first time where I felt like, "Wow, it's possible to be powerful. It's possible to be somebody."

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